

2026-27 Code of Conduct

PYCA Sabres Cheer 2026-2027 Code of Conduct

Uniforms:

Uniforms will be kept clean and in good condition by the parents and cheerleaders. One pair of practice/competition shoes will be included in the registration price. These shoes are only to be worn during indoor practices and competition, athletes should bring them to practice and only put them on once they arrive, and remove them prior to leaving. Any pieces of the uniform that are lost or damaged will be replaced at the parent's expense.

Behavior:

Parents and cheerleaders are strictly prohibited from using abusive language, alcohol, or drugs at any PYCA function or event.

Cheerleaders should promote team spirit and be on their best behavior while on the practice/competition floor and/or in uniform.

At no time should a cheerleader disrespect a coach or another team member.

Phones are not permitted during practice. Phones must be put away prior to practice starting.

There is a 24 hour waiting period, after a competition or game, before contacting a coach or coordinator with any questions or concerns. Any immediate concerns need to be directed to the member at large, by email at PYCASabresCheer@yahoo.com.

Attendance:

Practice starts promptly at the time given, due to the necessity for proper warm up. If a cheerleader is late, they will not be permitted to join their team until they warm up properly.

Excessive tardiness will result in disciplinary action.

Absences affect the entire team. Excessive absences will result in loss of position on the team and a change of status to "alternate" which means they are no longer guaranteed a spot in the competition routine. If a cheerleader is going to be absent a coach must be contacted prior to the start of practice.

Please have the cheerleaders use the restroom prior to the start of practice. Multiple bathroom breaks disrupts practice time.

Cheerleading is a demanding sport. The athletes will be expected to, but not limited to; base, back, and/or fly in stunt groups, perform tumbling moves. During the routines, there is a possibility of falling, colliding with another team member, or risk of other injuries. We are aware of these and do our best to avoid these events. However, parents and athletes must understand that these occurrences will happen. Goofing off, talking while a stunt is in progress, or simply not participating will not be tolerated. It is at the discretion of the coaches and/or board, if an athlete refuses to participate, what the consequences will be, up to and including removal from the team.

Fundraisers:

Fundraisers are mandatory. Throughout the season there will be individual fundraisers, as well as team fundraisers. PYCA is a nonprofit organization and runs solely on donations and fundraising. Those who choose not to participate in mandatory fundraisers will be charged a buyout fee. Please contact the fundraiser coordinator with any questions or concerns.

Social Media:

No athlete or parent may post inappropriate messages on any social media platform (Facebook, Twitter, Instagram, group chats, etc.) about PYCA Sabres Cheer, and/or another program or individual (including but not limited to another team member, coach, and/or other participants).

Cheerleader Expectations:

Parent Expectations:

- Good sportsmanship is mandatory at all competitions, practices, and gym functions.
- Do not try to get your child's attention while they are on the floor during practice or warm ups.
- Parents are always welcome and encouraged to attend events, but are expected to attend as spectators and not extra coaches or commentators. The coaches or member at large will have sole communication with the competition officials. Parents are not permitted to contact officials directly. If you have a concern, please discuss it with your coach or member at large only.
- Help us teach the importance of commitment, follow through, and dedication to your children. Please help your child be organized and time efficient. Missed practices due to over sleeping, procrastination on homework, a job or non-cheer related activity will not be accepted as an excused absence.
- Show respect for the coaching staff, other teams, and hosting organizations. There should be no drug or alcohol consumption while traveling with the team.
- It is ultimately the parents responsibility to financially support the activities that they choose to allow their children to participate in. Parents must understand that it is their responsibility to follow through with the financial obligations associated with the PYCA cheer program. Should you fail to make payments or make arrangement for payments, your child's involvement in the cheer program may be jeopardized or even terminated at the board's discretion without refunds or reimbursements.
 - All transportation to and accommodations at events will be the sole responsibility of each family. We will do our best to get information to you in a timely manner; however, if for any reason a competition is canceled or rescheduled, PYCA will not be responsible for any travel reimbursement.
- In order to stay up to date on events/news please join the BAND app, as well the social media pages through Facebook and Instagram.
- All practices are closed practices. Meaning, only athletes and coaches are allowed in the gym during practice. Parents are welcomed to remain in the hall or pick their child up promptly at the end of practice.
- Attend meetings.
- Coaching decisions are to be respected and supported by parents. Competitive Cheer is a team sport and our coaches make their decisions based on what is best for the team as a whole. Threatening to pull your athlete from the team or any attempt to manipulate coaches will result in immediate removal from the program.

PYCA Sabres Cheer 2025-2026 Contract Acknowledgement

I have received and read the PYCA Sabres Cheer contract. I fully understand this document is a contract between me and PYCA Sabres Cheer. By signing below, I acknowledge that I will adhere to all of PYCA's rules and regulations as stated in the contract. I also fully understand that if any of the rules are violated by any of my family members, the result could lead to my child's immediate removal from the program.

I understand that the coaches and board members are volunteers and that they are dedicating their time to the growth and development of my child(ren) as cheerleaders. I also understand there may be some situations that arise that have not been listed in this contract that may call for disciplinary action under the board's discretion, up to and including removal from the team. I acknowledge that no refunds will be given for any reason. Competitive teams are a season long commitment. I acknowledge that if my athlete fails to finish the season for any reason other than an illness/injury that is medically documented a \$150 early termination fee will be charged to my account.

PERMISSION STATEMENT AND RELEASE

My child has permission to participate at PYCA Sabres Cheer. I confirm my child is in good health. I am also fully aware of and appreciate the risk of participating in any activity, including personal damages and losses; accidental injuries, minor or serious, including head and neck injuries. I hereby give my permission for PYCA officials to call a doctor and/or paramedics for treatment in the event of an emergency. I further agree not to hold any PYCA official responsible for any possible illness, accident or injury which may occur in training or class.

I do hereby verify that I fully understand and accept the above statements and the guidelines set forth in this contract. Upon signing, I give my permission to PYCA for photographs or video tapes to be taken for the purpose of, and use in, publications, promotions, and/or for other reasons that could expose a recognizable member of my family to the public.

Athlete's Signature: _____

Date: _____

Athlete's Name Printed: _____

Parent's Signature: _____

Date: _____

Parent's Name Printed: _____